

DBT, TF-CBT, Sand Tray, Brainspotting, Natural Lifemanship Equine Assisted Trauma Informed Therapy, Acceptance and Commitment Therapy, Expressive Arts Therapy, Trauma Informed Yoga Therapy, Bilingual



### PROFESSIONAL EXPERIENCE

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<b>Moonridge Academy- Certified Education Recreational Treatment School (Therapist)</b>	<b>07/2022– Present</b>
<b>Office of Economic Opportunity- SC Dept. of Administration (Program Coordinator).</b>	<b>10/2021 – 07/2022</b>
<b>Center for Disability Resources – SC Developmental Disabilities Council (Research Asst)</b>	<b>8/2019 – 10/2021</b>
<b>Family Intervention Services- Intern (Family Therapist)</b>	<b>8/2020 – 5/2021</b>
<b>South Carolina Legal Services – Intern- (Intake Coordinator)</b>	<b>8/2019 – 5/2020</b>
<b>Wings for Kids – Americorps (Social and Emotional Learning Counselor)</b>	<b>7/2013 – 5/2014</b>
<b>Ernest E. Kennedy Center, Intern- (Mental Health and Substance Abuse Counselor)</b>	<b>8/2012 – 5/2013</b>

### ADDITIONAL CAREER HIGHLIGHTS

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The Union Health Project | Holistic Health Counseling and Education | 7/2014- Present

Choose Well, No Drama, Columbia, SC | Lead Brand Ambassador; Sexual and Reproductive Health Educator for Rural and Urban Areas, 5/2017 – 8/2020

Hope Trust, Hyderabad, India | Mental Health and Substance Abuse Counselor Intern, 5/2014 – 7/2014

### EDUCATION

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**Master of Social Work '21** | University of South Carolina | Columbia, SC | Field Student of the Year” Award, 2021

**Bachelor of Arts in Psychology '19** | Saint Leo University | Saint Leo, FL

**Associates in Addiction Studies '14** | Trident Technical College | Charleston, SC | Benjamin A. Gilman Scholar

### CERTIFICATION AND PROFESSIONAL TRAINING

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Certified Social Worker (CSW), Utah, 2022

Licensed Master Social Worker (LMSW), South Carolina, 2022

Nutrition Therapist Certification, Health Science Academy, 2018

Yoga Teacher Certification, Rishikesh Yog Peeth, India 500 Hour, 2014