

Brittany Corbin

brittany.healingsprings@gmail.com • 435-236-4680

Professional Experience

Red Cliff Ascent Wilderness Therapy Agency -Therapist

08/2021-Present

- Clinical Expertise:
 - Created therapeutic treatment plans tailored to individual clients' needs.
 - Knowledge in various therapeutic modalities and evidence-based practices, CBT, DBT, Experiential Therapy, Motivational Interviewing.
 - Facilitates group and individual therapy sessions.
 - Assess and diagnose clients' emotional, behavioral, and mental health challenges.
 - Proficient in assessing clients' progress, setting goals, and measuring treatment outcomes.
- Crisis Management:
 - Skilled in de-escalation and crisis intervention.
- Communication and Interpersonal:
 - Communication skills to effectively and efficiently interact with clients, families, and staff.
 - Empathetic approach to building therapeutic relationships.
 - Efficient in constructing and planning treatment plans and utilizes interventions through a collaborative interdisciplinary team approach.
- Certification:
 - Level One Brainspotting Trained

Southwestern Oklahoma State University -Course Supervisor/Counselor

08/2017 – 11/2017

- Received First Aid Certification and Ropes Course Certification.
- Secured course equipment and ensured safety measures for students using the course.
- Facilitated team management and leadership building activities for a variety of organizations.
- Provided clear instruction to activity and program participants to deliver secure and safe environments.

Northern Oklahoma College -Camp Director

06/2016 – 08/2017

- Demonstrated experience in leading and managing teams of staff and camp counselors.
- Oversee camp operations, including scheduling, budgeting, and logistics.
- Experience working with adolescents and understanding developmental needs.
- Proficient in designing age appropriate activities and experiential learning which promote growth and skill-building.
- CPR/First Aid and Course Facilitator Certifications

Wounded Veterans of Oklahoma
-Volunteer

08/2017-08/2019

- Worked closely with administration in organizing annual outdoor fishing events for 50+ veterans attending
 - Provided organization, distribution, and dispersing of meals to veterans attending events
 - Took initiative to ensure quality environmental space and leisure during events such as, cleaning, organizing, maintenance, and conversational skills
-

Education

Northern Oklahoma College Enid, OK United States

Associate's Degree 05/2016

GPA: 3.8 of a maximum 4.0

Credits Earned: 63 Continuing Education Unit

Major: Behavioral Science

Southwestern Oklahoma State University Weatherford, OK United States

Bachelor's Degree 05/2018

Major: Parks and Recreation Management **Minor:** Psychology

GPA: 3.9 of a maximum 4.0

University of Oklahoma Norman, OK United States

Master's Degree 01/2021-May 2023

Major: Social Work

GPA: 4.0