

# Stephen Marten

86 S Main St, Cedar City, Ut 84720 ♦ 406.304.7069 ♦ martentherapy@gmail.com



Dear Parents and Students,

Everyone deserves a happy life and everyone deserves happy and healthy relationships with themselves, their family, and others. When we improve those relationships and improve ourselves, we can be happier, healthier, and more able to cope with other life stresses. I try to be down to earth and give those I work with a realistic and practical way forward. I pull from my experience working with young couples, kids of all ages, parents, families, equine therapy, residential treatment, and more. Every family is unique and I try to make sure that the help I give others is tailored to them specifically instead of a set program where everyone is expected to fit the same mold.

Deciding on a therapist by reading through profiles can make it hard to find the right fit; there is too much of the person that you don't experience. As my little brother says, 'better experienced than explained'. Please feel free to send me an email or give me a call to help you see if it's a good fit. If you have any questions about specific modalities, theories or frameworks please reach out and let me know.

Stephen Marten LMFT, LCPC

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## **EDUCATION AND TRAINING**

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<b>PROFESSIONAL LICENSE (LMFT) IN UTAH</b>	Since 2022
<b>H3 EQUINE THERAPY CERTIFIED</b>	Since 2021
<b>PROFESSIONAL LICENSE (LCPC) IN MONTANA</b>	Since 2019
<b>CIRCLE OF SECURITY PARENTING FACILITATOR</b>	Since 2017

### **MASTER OF MARRIAGE AND FAMILY THERAPY**

Gonzaga University, Spokane, WA Degree earned: August, 2017

### **BACHELOR OF INTERDISCIPLINARY STUDIES**

Chadron State College, Chadron, NE Degree earned: December, 2011

## **APPLICABLE WORK EXPERIENCE**

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2023-CURRENT	MARTEN THERAPY	CEDAR CITY, UT
	♦Established private practice as an independent contractor	
	♦Specializes in families who are considering or have active RTC placement	
	♦Provides in-person and Telehealth services to individuals, families and couples	
2022-2023	MONUMENTS ACADEMY RTC	PAROWAN, UT
	♦Primary therapist for clients ages 12-18 with severe emotional and behavior disorders	
	♦Formulated treatment plans and maintained accurate and timely clinical records	
	♦Provided horsemanship and equine therapy to individuals and families	
2020-2022	DIAMOND RANCH ACADEMY	Hurricane, UT
	♦Primary therapist for clients ages 12-18 with severe emotional and behavior disorders	
	♦Formulated treatment plans and maintained accurate and timely clinical records	
	♦Provided horsemanship and equine therapy to groups of up to 8 individuals	
2019-2020	MARTEN THERAPY, PLLC	Kalispell, MT
	♦Established private practice as an independent contractor	
	♦Specialized in Couples and Family Counseling with a focus on parenting	
	♦Provided therapy for people of all ages with many different mental health diagnoses	
2017-2019	ACADIA OF MONTANA CSCT PROGRAM	Seeley Lake, MT
	♦Primary therapist for SED diagnosed individuals from K-8 <sup>th</sup> grade	
	♦Maintained caseload of up to 17 individuals while working with Behavioral Specialist	
	♦ Provided Circle of Security Parenting classes to community	
2016-2017	CHILDBIRTH AND PARENTING ASSISTANCE	Spokane, WA
	♦Counseling intern responsible for caseload of individuals, families and couples	
	♦Co-taught parenting classes for parents of expectant, infants, and toddlers	
	♦Co-facilitated fatherhood support group	

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## **VOLUNTEER WORK**

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2018- Current

PHLIGHT CLUB

♦ Trained in model designed to help children identify and use healthy support systems

## **LEADERSHIP**

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First Lieutenant, Army National Guard

♦ Responsible for the welfare of the 35 soldiers in my platoon

## **LANGUAGES**

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Fluent in English

Proficient in Czech and Slovak