

Brittany Corbin

brittany.healingsprings@gmail.com • 435-236-4680

Dear Students and Parents,

My name is Brittany Corbin and I am excited for the opportunity to work with and alongside you through your journey. I am a compassionate and dedicated therapist, committed to providing the highest level of support and guidance for you and your family as you reach and achieve personal and therapeutic goals.



I currently work as a wilderness therapist at Redcliff Ascent in Enterprise, Utah working with adolescents. I have and continue to have the opportunity to work with a diverse range of clients who each have unique challenges and strengths. I approach therapy through an empathetic and empowerment lens with a belief and passion for positive change. Additionally, I genuinely care about providing a continuous safe, non-judgmental, and confidential space for everyone to explore and express thoughts and feelings. Authentic connections are something I strive for and actively work towards building in the therapeutic relationship, therefore I welcome the opportunity to create a collaborative approach.

My experience in various therapy approaches include cognitive-behavioral therapy, somatic approaches, mindfulness-based approaches, dialectical-behavioral therapy, and level one brainspotting training. Furthermore, I have predominantly worked with adolescents dealing with adoption/attachment injuries, relationship issues, anxiety, depression, family conflict, self-esteem, trauma, social skills, and identity exploration.

I look forward to hearing from you and working alongside you throughout this process.

Thank you,
Brittany Corbin