



FAMILY
Retreats

OFFERED BY

WILLDER SAGE

Spend some time away from the distractions of everyday life to **strengthen your family bonds** and **improve your dynamics**.

Therapeutic family camping retreats include coaching, meditation, nourishing food, somatic movement, and **experiences customized to your unique family's needs**.



Book your individualized retreat in Colorado or Michigan, September 2024 through all of 2025.

Book soon to secure your spot as dates are limited.

For more info, go to www.WilderSage.coach

