

# Kyle Peterson, LCMHC, NCC, MRC, CRC

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435-590-8941

## SUMMARY OF QUALIFICATIONS

I possess a genuine love for helping others and enjoy seeing their improvement and success. I am a natural teacher and leader. I am skilled and experienced in providing counseling, therapy, and coaching to individuals from a variety of backgrounds, helping them develop skills, achieve goals, and navigate through challenges and barriers. I love watching others gain confidence, security, and inner strength and helping individuals and families develop and build skills to achieve a higher quality of living both independently and within the family unit. I crave learning and continue to seek education formally and informally. I can be counted on to be enthusiastic, reliable, genuine, and persistent.

## PROFESSIONAL EXPERIENCE

### *Therapy and Counseling*

- Provided therapeutic services for individuals, couples, and families both in home and in office
- Worked individually and as a team member identifying important areas and goals, helping individuals and families set and achieve their objectives
- Advocated for children, youth, adults, and families, assisting them in identifying growth possibilities
- Completed formal and informal assessments, explaining results and emphasizing how this information helps with setting and achieving goals

### *Leadership*

- Strengthened motivational drive in others through example, coaching, and teaching
- Strong team-focused skills and collaboration skills to assist in providing comprehensive treatment
- Worked with administration to identify solutions to commonly seen challenges/problems and assisted with implementation of solutions and training on solutions identified
- Consulted with individuals and assisted in identifying areas for growth
- Worked as a team leader exemplifying skills in customer service, and problem solving

## EMPLOYMENT HISTORY

Havenwood Academy	Therapist	2020-Present
Peterson Counseling Services, LLC	Therapist	2022-Present
Discovery Ranch for Girls	Teacher Assistant	2019-2020
The Village Family Services	In-Home Family Therapist	2018-2019
Division of Vocational Rehabilitation, ND	Vocational Rehabilitation Counselor	2014-2018
Best Buy	Mobile Sales Consultant	2016-2018
Kids On The Move	ABA Tutor	2014
Career Exploration Services Unit, UT	Vocational Rehabilitation Counselor	2013

## EDUCATION

Mental Health Counseling Classes	University of Mary, Bismarck, ND	Aug. 2017
Master's in Rehabilitation Counseling	Utah State University	May 2013
Bachelor's in Psychology	Southern Utah University	May 2011

## CERTIFICATIONS

Clinical Mental Health Counselor		October 2021-Present
National Certified Counselor		March 2022
Accelerated Resolution Therapy		March 2023
Brain Spotting		June 2021
EMDR Therapist Certification Complete		September 2019
Maintained CRC Certification		Oct. 2012-present