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EDUCATIONAL HISTORY

Forest Institute of Professional Psychology, Springfield, Missouri

(APA Accredited)

October 2003

Degree Program: Doctor of Clinical Psychology, *Psy.D.*

Major: Clinical Psychology

Dissertation Title: A Review of Megan’s Laws: A Descriptive Analysis of Sex Offender Notification Laws in Regards to the Method of Notification and the Information Released.

May 2001

Degree Program: Masters of Arts

Major: Psychology

Masters Thesis Title: Case study examining the use of Rational Emotive Behavioral therapy with a panic disorder patient.

Westminster College, Salt Lake City, Utah

May 1998

Degree Program: Bachelor’s of Science

Major: Psychology

PROFESSIONAL EXPERIENCE

Engage Young Adult Transitions

Executive Director / Co-founder

January 2022 to Present

Duties: The executive director and co-founder of Engage entails being instrumentally involved in the programs inception to overseeing daily operations. The executive director for a growing program is responsible for multiple roles. Roles including admissions, providing therapy services, program development, financial oversight, and staff training.

Moonridge Academy and Kolob Canyon RTC – CERTS

Executive Director

August 2018 to December 2021

Duties: The executive director oversee the operations of two separate licensed residential treatment centers for adolescent females identified at birth. The executive director ensuring that excellent clinical, academic, and residential oversight is provided in the care of the programs students. Duties including enhancing the programs image by activity working with outreach and marketing efforts to enhance enrollment and retention of students. The executive director provides financial oversight, internal controls, and reporting to inform strategic planning, ensure compliance and maximize resource utilization. Duties included overseeing compliance with Department of Human Services Officing of Licensing and Joint Commission standards.

Discovery Ranch for Girls of The Ascent Companies

Clinical Director

May 2013 to August of 2018

Duties: The Clinical Director cultivates and guides a robust clinical team (10 therapist, psychiatrist, 2 nurses, substance counselor, and supportive staff) in providing the highest level of care to a clinically challenging population of female adolescent clients with a wide of mental health struggles. The Clinical Director is active member of the DRG administration team involved in the day-to-day operations to ongoing program development. The Clinical Director not only reports to the Executive Director and to The Ascent Companies board directors on a monthly basis of the overall health of the clinical department and the DRG program. The Clinical Director is actively involved in the building and maintaining the relationships with referral partners, including educational consultants, school districts and private mental health professionals. One of the vital role/responsibilities is problem solving and resolving parent and referral partners' concerns. The Clinical Director is actively providing parent coaching and support to the more challenging parents and utilizing coaching strategies including facilitation of monthly parent webinars. Additional duties include developing and coordinating systems in the consistent delivery of mental health services, actively providing clinical support and consultation to the admissions director, participates in marketing and business development teams, and coordinating/supporting insurance utilization for families.

Sunrise of Embark

Clinical Director

August 2007 – April of 2013

Duties: The Clinical Director oversees the clinical operations for an all girls adolescent residential treatment center. Responsibilities include identifying clinical factors impacting suitability for placement, providing clinical supervision and mentorship to other clinicians, ensuring appropriate delivery of clinical services to students and their families, maintaining an active role in daily operations of the program, and representing the program with outside providers and referral sources. The Clinical director actively engages in the marketing activities and strategies. Duties include directing the treatment team by supervising the psychological services of Sunrise and maintaining an active case load and facility DBT groups. The Clinical Director directly reports to the Executive Director and functions as an integral member of the program's leadership/administration team. Additional duties include developing and overseeing the therapeutic curriculum and milieu.

Island View Residential Treatment Center (Aspen Education Group)

Dialectical Behavior Therapy Program Director

July 2005 – July 2007

Duties: Overseeing the Dialectical Behavior Therapy program by providing team consultation, DBT training to milieu staff and other therapists, facilitating weekly DBT consultation meetings, and Skills Training groups. Psychological services included providing individual, group and family therapy, consultation with ancillary professionals, crisis assessment and intervention. Additional roles include providing clinical supervision, mentoring master level clinicians, providing staff trainings, and consultation.

SUWS Adolescent and Youth Programs (Aspen Education Group)

Clinical Psychologist /Field Supervisor

Gooding, Idaho

September 2004 – July 2005

Duties: SUWS is a licensed wilderness therapy program for emotional and behavioral disturbed children between the ages 11 to 18. The field supervisor role entailed heading a treatment team that developed, guided, and implemented therapeutic outcomes in a wilderness setting. Psychological services included providing individual, group and family therapy. The role of the field supervisor also consisted of psychological consultation with educational consultants and mental health professionals, and crisis assessment and intervention. The specific role of a licensed psychologist entailed providing clinical supervision to a post-doctoral psychologist for the completion of his supervised hours. In

addition to the psychological duties, a field supervisor participated in marketing activities.

COMMITTEE and BOARD PARTICIPATION

National Association Therapeutic Schools and Programs

Board of Directors - December 2020 to December 2021

Being a board of directors concluded due to founding a non-NATSAP therapeutic program.

Southwest NATSAP Conference Committee

Committee Chair- April 2017 to May of 2020

Leading a conference committee in the planning and implantation of the Southwest NATSAP regional conference

Southwest NATSAP Conference Committee

Committee Co-Chair- December 2015 to March 2017

Member of committee in the planning and implantation of the Southwest NATSAP regional conference

SUPERVISED CLINICAL EXPERIENCE

Deer Oaks Mental Health Associates – Post-doctoral Residency – *Piloted APA accredited Residency /APPIC accredited*

Brownsville & Harlingen, Texas (Rio Grande Valley)

September 2003 – September 2004

Supervisor: Richard Rasulis, Ph.D., Frankie Mae Paulson-Lee, Ph.D., Eva Miller, Ph.D.

Duties: The Deer Oaks Mental Health Associates Postdoctoral Psychology Residency Program provided advanced training in clinical psychology in an outpatient and nursing home setting with a predominate Hispanic population with ages ranging from infants to older adults. Residents are exposed to the full range of clinical services including individual and family therapy, and psychological consultation. The residency program provided psychological assessment experience across the development spectrum. In addition to the clinical training, the resident participated in marketing and community mental health opportunities, including being a contributing author to a local community medical newspaper, conducting seminars and lectures, and participating in business development. The resident developed and participated in a piloted APA accredited residency program that resulted in accreditation.

University of Utah Neuropsychiatric Institute – Pre-doctoral Internship -- *APA accredited*

Salt Lake City, Utah

August 2002 – August 2003

Supervisor: Carol Ballou, Ph.D. (Child), Christine W. Burns, Ph.D. (Adult/Adolescent)

Duties: UNI provided a supervised clinical experience with a psychiatric population across the developmental continuum. Interns completed three four-month rotations with children, adolescents, and adults. The internship program provided experience with both inpatient and day treatment psychiatric populations, training in numerous treatment modalities and various assessment techniques, knowledge of hospital practice of psychology, as well exposure to matters of professional practice. The site encompassed neuropsychological and psychological evaluations, family/martial therapy, group therapy, and individual therapy. Interns are an active part of the treatment team consulting with psychiatrists, nurses, social works, teachers, insurance liaisons, and outside providers.

PROGRAM DEVELOPMENT

Deer Oaks Mental Health Associates

Co-authored the self-study of the first private mental company to receive a post-doctoral APA accredited residency program. The development also entailed being a participating subject of the piloted program that resulted in accreditation.

The Kitchen Clinic Inc.

Developed the program for practicum students of Forest Institute of Professional Psychology and Southwestern Missouri State University to provide individual, group, family, and marital therapy to a multi-cultural clientele. The facility is a homeless shelter for temporary or long-term stay.

Lakeland Regional Hospital

Participated in the development of the opportunity for Forest Institute practicum students to conduct play therapy with a seasoned psychologist, and participated in activities with child psychiatrist

Forest Institute of Professional Psychology

Participated in a two-day mission and values development for the institution. *April 2002*

TEACHING EXPERIENCES AND INVITED LECTURES

Conference Presenter

National Association of Therapeutic Schools and Programs (NATSAP) Utah Southern Utah Regional Conference
March 2022

Title: Young Adult Attachment and Emerging Personality Disorders

Conference Presenter

National Association of Therapeutic Schools and Programs (NATSAP) Utah Southern Utah Regional Conference
March 2018

Title: RO-DBT and the Performing Arts

Conference Presenter

National Association of Therapeutic Schools and Programs (NATSAP) Utah Southern Utah Regional Conference
March 2015

Title: Got Grit? Helping students and clients develop hope, passion, and perseverance in the face of life's adversity.

Conference Presenter

National Association of Therapeutic Schools and Programs (NATSAP) National Annual Conference
February 2012

Title: Adoption Before Addiction

Conference Presenter

National Association of Therapeutic Schools and Programs (NATSAP) Utah Southern Utah Regional Conference
May 2011

Title: Adoption Before Addiction

Conference Presenter

American Adoption Congress (AAC) – National Conference Orlando, FL.

April 2011

Title: Adoption Before Addiction

Conference Presenter

National Association of Therapeutic Schools and Programs (NATSAP) – Utah North Regional Conference
June 2010

Title: Broadening Cognitive Behavioral Therapy: *The use of mindfulness and acceptance based strategies in treatment.*

Conference Presenter

National Association of Therapeutic Schools and Programs (NATSAP) – National Conference
January 2010

Title: Broadening Cognitive Behavioral Therapy: *The use of mindfulness and acceptance based strategies in treatment.*

Conference Presenter

National Association of Therapeutic Schools and Programs (NATSAP) – Southern Utah Regional
Conference

August 2009

Title: Broadening Cognitive Behavioral Therapy: *The use of mindfulness and acceptance based strategies in treatment.*

Conference Presenter

National Association of Therapeutic Schools and Programs (NATSAP)
June and September 2008

Title: Authoritative Guidance: Creating a Balanced Residential Culture

Guest Speaker

University of Utah / Master of Social Work

September 2006

Duties: Conducted a lecture regarding the etiology and treatment of Borderline
Personality Disorder

Guest Speaker

Cameron County Case Management Coalition (Social workers of Brownsville and Harlingen Texas)

February 2004

Duties: Conducted a lecture regarding the treatment and assessment of ADHD

Adjunct Faculty

Salt Lake City Community College

January 2003 – May 2003

Duties: Instructed a three-credit class: General Psychology 1010.

Seminar Lecturer

Forest Institute of Professional Psychology

April 19 2002

Duties: Developed and conducted a seminar to doctoral students on the process of obtaining a
pre-doctoral internship.

Lobbyist/Researcher

Missouri House of Representatives Sub-Committee

February and March of 2002

Duties: Researched and presented information on the state of Missouri's requirements for
Licensed Professional Counselors to the Speaker of the House of Representatives.

Additionally, prepared witnesses to testify and was prepared to testifying before the House of Representatives sub-committee.

Lecture Coordinator

Lakeland Hospital & Forest Institute of Professional Psychology

November 2001

Duties: Developed and coordinated a lecture forum consisting of professionals from a regional child and adolescent psychiatric hospital. Also involved introducing the lecture forum, which consisted of related topics of child and adolescent inpatient services.

Lab Instructor

Forest Institute of Professional Psychology, Assessment I – Intelligence Testing

September 2000- December 2000

Duties: Instructed a lab for intelligence testing to doctoral students. Test administration and grading were also components of the duties performed.

Lab Instructor

Forest Institute of Professional Psychology: Assessment III – Projective Measures

September 2000 – December 2000

Duties: Instructed a lab for projective testing to doctoral students. Test administration and grading were components of the duties performed.

Guest Lecturer

Forest Institute of Professional Psychology, Ethics course

January 2001

Duties: Conducted a lecture on sexual ethics training for psychological trainees.

Graduate Assistant

Utah Valley State College

July 1996 - December 1997

Duties: Assisted a psychology professor in his instruction of three different psychology classes. Involved in grading exams and papers, and lectured on a few occasions.

PROFESSIONAL AFFILIATIONS HONORS and CERTICATIONS

- Member of American Psychological Association
- Foundationally Trained in Dialectical Behavior Therapy
- Employee of the Month – Island View Residential Treatment Center
- Employee of the Quarter – SUWS Adolescent and Youth Program
- Forest Institute of Professional Psychology nominee for 2002 Student Award competition for the Division of Psychologist in Public Service (18) – American Psychologist Association
- Graduated Magna Cum Laude from Forest Institute for Doctor of Psychology
- Graduated Magna Cum Laude from Forest Institute for Masters of Arts Degree
- Recipient of the Who's Who award at Forest Institute of Professional Psychology
- Presidential Dean's List recipient from Forest Institute of Professional Psychology
- Presidential Dean's List recipient from Westminster College
- Presidential Dean's List recipient from Utah Valley State College