



# MOUNTAIN SPRINGS PREPARATORY ACADEMY

Located in beautiful Southern Utah, Mountain Springs is a co-ed, private boarding school, and a true transition for students stepping down from higher levels of care. They are voluntarily ready for more independence, increased opportunities, and academic advancement.

Mountain Springs is a practice environment where students can get jobs, attend outpatient therapy, participate in outdoor adventure, and practice living the skills acquired in treatment. MSPA is all about growing, rebounding from mistakes, and taking control of their lives.



Student Center



Art Studio



Bridge House



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# MOUNTAIN SPRINGS PREPARATORY

## STUDENTS PRACTICING TRUE TRANSITION

### SCHOOL

- Fully accredited high school with grades 9-12 in teacher-led classes.
- College prep, credit recovery, and support for those with learning differences.
- On campus, concurrent classes available at Southern Utah University and Southwest Tech.

### OUTPATIENT THERAPY

- We believe transition therapy needs to suit the student.
- Students interview and select their own therapists in the community.
  - They drive their treatment with the support of advisors, mentors, and family.
  - Students schedule and conduct their own goals and therapy continuation.

### TREKS

Quarterly adventures:

- Canyoneering
- Scuba diving
- Whitewater rafting

Yearly International Trips to one of the following: Costa Rica, Europe, New Zealand, and more!

### THE BRIDGE TO INDEPENDENCE PROGRAM

We also offer an additional level of transition where we have two separate homes for male and female students, conveniently located on the property. The Bridge Program focuses on financial literacy and building independence while attending MSPA. This offers a well-scaffolded and immersive environment for students to practice increasing levels of self-initiative, responsibility, and independence for their lives.



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